

## APPLICATION TO STAGIAIRES PROGRAMM WINTER 2023

Family Name: ..... First Name: .....

ZIP / City: .....

Country: .....

Use maximal 30 minutes to fill in this application form. Boxes that require an answer are marked respectively.

## EDUCATION / EXPERIENCE

City / Country of School: .....

## PRACITCAL WORK EXPERIENCE

Company / Location / Country	Duration in weeks	Position / Tasks

## LANGUAGE SKILLS

Mother Tongue .....

Further Languages	Years practise	A1	A2	B1	higher
German					
English					
French					
Italian					

Classes in ☐ German / ☐ English

## YOUR PERSONALITY

How do you spend your leisure? What are your hobbies? Do you make sports?

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What are you particularly good at? Which strengths of yours would your friends mention for sure?

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What are you struggling with? Which of your weaknesses your friends would mention for sure?

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Which goals do you have for the next 5 – 10 years?

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What would you like to experience for sure in your life?

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## YOUR WORK EXPERIENCE

Do you have work experience in a hotel or restaurant? Describe the tasks you have done there?

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Which jobs in a hotel or restaurant do you like most (if you never worked in a hotel or restaurant, please write, what you think you like most)

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Why would you like to make an internship in Switzerland?

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What do you know already about Switzerland?

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Why should we choose you and not your colleagues? What are you better in than these?

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## WHO ARE YOU?

**Describe yourself on this page!**

(You can write a few sentences or key words → use the upper box

You can also upload a chart or image, to show your most important skills, be creative! → use the lower box for that)

## YOUR WORKPLACE

What do you need to feel good in the internship / at work?

At work:

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In the environment of the hotel / restaurant:

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What should your internship company know about you?

Your personality:

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Your work attitude:

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Your professional and personal goals:

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Do you have allergies or other medical challenges, we or your internship company should know?

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Do you eat vegetarian/vegan? ☐ yes ☐ no

Do you go skiing/snowboarding ☐ no ☐ yes

(do you bring your equipment with you? ☐ yes ☐ no)

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Is there anything you would like to tell us?

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